



ALTENS COMMUNITY CENTRE  
Strathburn Street, Altens,  
Aberdeen, AB12 3SE  
Phone/Fax: (01224) 896798  
e-mail: altenscc@gmail.com

*The Centre is a Registered Charity and run by a Board of volunteer Trustees.*

## Altens Community Centre Programme

### Monday

9.10 - 11.40am **Pebbles Playgroup**  
for kids from 2½ – 5 years  
9.20 - 11.15am **Fishies 2'S Group**  
Children from 22 months – 3years  
11.00 - 12.00 pm **Tai Chi**  
12.50 - 2.50pm **Rising 5's**  
Fun play sessions for pre-school kids  
1.00 - 4.00pm **Indoor Bowling**  
5.30 - 6.30 pm **Wing Tsjun Martial Arts**

### Tuesday

9.10 - 11.40am **Pebbles Playgroup**  
Playgroup for kids from 2½ – 5years  
9.20 - 11.15am **Fishies 2'S Group**  
Children from 22 months – 3years  
10.00 - 12 noon **Badminton**  
12.00 - 1.00pm **Weight-Watchers**  
2.00 - 4.00pm **Tuesday Club Social**  
Group open to all  
3.45 - 4.45pm **Children's Craft/Drama**  
for Primary School Age Children  
6.00 - 9.00pm **Tanya Maitland School  
of Dance**  
7.00 - 8.30pm **Guided Meditation**

### Wednesday

9.10 - 11.40am **Pebbles Playgroup**  
Playgroup for kids from 2½ – 5years  
9.20 - 11.15am **Fishies 2'S Group**  
Children from 22 months – 3years  
12.50 - 2.50pm **Rising 5's**  
Fun play sessions for pre-school kids  
11.30 - 12.30pm **Cheekie Charlie's Session**  
3.00 - 5.00pm **Intermediate Computing**  
6.00 - 7.00pm **Cheerleaders**

### Thursday

9.10 - 11.40am **Pebbles Playgroup**  
Playgroup for kids from 2½ – 5 years  
9.20 - 11.15am **Fishies 2'S Group**  
Children from 22 months – 3years  
1.00 - 3.00pm **Mother & Toddlers**  
1.00 - 3.00pm **50+ Bingo**  
5.30 - 9.00pm **Tanya Maitland School  
of Dance**  
7.30 - 9.30pm **Bingo**

### Friday

9.10 - 11.40am **Pebbles Playgroup**  
Playgroup for kids from 2½ – 5 years  
9.20 - 11.15am **Fishies 2'S Group**  
Children from 22 months – 3years  
9.45 - 10.30am **Zumba Fitness**  
12.00 -2pm **Internet Cafe**  
2.00 - 3.00 pm **Cove Seniors Gathering**  
Monthly meetings - contact Joyce 898030  
3.10 - 8.15pm **Miss Forest Sch of Dance**

### Saturday

9.30 - 2.15pm **Tanya Maitland School  
of Dance**

### Sunday

10.30 - 1.30pm **Tai Chi Academy**  
1.30 - 4.30pm **Cheerleaders**  
5.45 - 6.30pm **Beginners Guitar Class**  
6.30 - 7.30pm **Guitar Lessons**

*Our halls are available for family and children's parties on Saturday and Sunday afternoons and evenings, and some weekday evenings. Contact the Centre for details.*