



ALTENS COMMUNITY CENTRE
Strathburn Street, Altens,
Aberdeen, AB12 3SE
Phone/Fax: (01224) 896798
e-mail: altenscc@gmail.com

The Centre is a Registered Charity and run by a Board of volunteer Trustees.

Altens Community Centre Programme

Monday

9.00 - 12.00 pm **Footstars 2-5 years**
(Contact Murray 01224 932254)

9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5 years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

1.00 - 4.00pm **Indoor Bowling**

4.00 - 5.45 pm **Footstars Afterschool
Football 5-7 years**

(Contact Murray 01224 932254)

6.00 - 6.30pm **Metafit Fitness Class**
contact Scott 07837 568607 for Bookings
www.facebook.com/scottlawriergroupex

6.30 - 8.15pm **Highland Dance Class**

8.00 - 9.00 pm **Clubbercise Exercise**

Tuesday

9.20 - 11.15am **Big Fishies Playgroup**
Playgroup for kids from 2½ - 5years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

10.00 - 12 noon **Badminton**

12.00 - 1.30pm **Weight-Watchers**
(contact Irene 07967 00084)

1.30 - 2.15pm **Zumba Gold**
(For the young at heart)

2.00 - 4.00pm **Tuesday Club**
Social Group open to all

3.45 - 4.45pm **Children's Craft/Drama**
for Primary School Age Children
(contact Derek 07949 973388)

6.30 - 8.30 **Altens Archery Club**
(at the football Field. Contact the Centre

6.00 - 9.00pm **Tanya Maitland School
of Dance** (contact Tanya 01224 877805)

6.30 - 7.30pm **Wing Tsjun Martial Arts**
(contact Sanday 07808 535365)

Wednesday

9.20 - 11.15am **Big Fishies Playgroup**
Playgroup for kids from 2½ - 5years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

9.30 - 11.00am **Mother & Toddler Group**
1.00 - 3:00pm **Open Craft Session**
(Bring your own craft)

2.00 - 4.00pm **Family History** (Upstairs)

4.00 - 5.00pm **Indoor Basketball 7-12
years (interest being taken for 13-16 year
olds also)** (contact 01224 896798)

6.00 - 7.00pm **Cheerleaders**
(contact Fiona 01224 897034)

6.00 - 8.00pm **Puppy Training Class**
(except 1st Wednesday of the month)

7.00 - 8.00pm **Wing Tsjun Martial
Arts** (contact Sanday 07808 535365)

8.00 - 9.00pm **Boxing Fitness Class**
(enquiries: www.bookwhen.com/mgstudio)

Thursday

9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5 years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

10.30 - 11.30am **Altens Health Walk**

1.00 - 3.00pm **50+ Bingo**

5.15 - 9.00pm **Tanya Maitland School of Dance** (contact Tanya 01224 877805)

6.00 - 9.00pm **Weightwatchers**

7.30 - 9.30pm **Bingo**

Friday

9.20 - 11.15am **Big Fishies Playgroup**

Playgroup for kids from 2½ – 5 years

9.20 - 11.15am **Little Fishies Group**

Children from 22 months – 3years

9.30 - 10.30am **Zumba Fitness**

(contact Alison 01224 878412)

1.30 - 3.00 pm **Cove Seniors 1st Friday of the month**

(contact Frances Penny 01224 890118)

Ladies night

Saturday, 23rd of April 2016

7:30 pm - 12:00 midnight

Bingo – raffles - games - disco

Nibbles provided

Bring your own bottle

And come with your dancing shoes!

Please take along an item for raffle prizes

All funds raised goes to fishies playgroup

Music provided by un1que disco

Admission £5

New group! - LEGO CLUB

Starts on 29th March 2016

Every Tuesday at the Coffee Lounge

6:30 pm – 7:30 pm

Children from 6 to 12 years

Admission fee: £2

3.00 - 8.00pm **Miss Forrest School of Dance**

(contact Joyce 01224 745202)

8.00 - 10.00pm **Altens Youth Club**

(Primary 7 and above)

Saturday

9.30 - 2.15pm **Tanya Maitland School of Dance**

(contact Tanya 01224 877805)

Sunday

10.00 - 1.30pm **Tai Chi Academy**

1.30 - 4.30pm **Cheerleaders**

6.30 - 7.30pm **Guitar Lessons**

(contact Keith 07815 942701)

Big and Little Fishies

Monday to Friday during term time from 9:20am – 11:15am

If you would like your child to attend our groups, please phone **01224 896798**, or pop in for a chat with Sonia. Fishies playgroup also have a safe playground exclusively for pre-school kids. **SPACES AVAILABLE**

Altens Kids Drama Week

11th – 15th April, 10am -3pm daily

Bring in your own packed lunch.

For more info, contact

Derek 07949 973388 or Zoe on 07884 133357

International Cultural Day

On Saturday, 16th of April 2016

Free admission from 10:30am – 4:30 pm

Come celebrate the Multicultural

Diversity we are all a part of!

Let's travel around the world!!

Join Altens Community Centre

Adult £8, Concession/Child £4, Family £12

and enjoy many of the groups at reduced rates, this includes hire of the hall for Children's and Adults' parties on

Saturday and Sunday afternoons and evenings, and some weekday evenings.

Meeting/Training Room available for hire

(Fully refurbished and equipped with state of the art interactive smartboard/projector system)