

NETHER LOIRSTON GROWERS

**Would you like to try allotment growing
but don't want a huge plot?**

**If the answer is yes or even maybe
please get in touch to find out more**

**We have some easy to manage plots
coming up for rent this year**

**The plots are approximately 45m sq., and are ideal for growing
fruit and vegetables for the average sized family. As well as enjoying
home grown food, you can help yourself get fitter too.**

**We are your local community gardening and allotments programme
and only offer plots to those living in the Cove and Altens area and
we can help you if you are a beginner to gardening.**

**We would love to hear from you
so please get in touch with Marlene or Michele.**

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