

Contacts for Classes

CLASS	CONTACT DETAILS
<i>Fishies Group</i>	Contact Centre for details.
<i>Footstars</i>	Murray on 01224 932 254
<i>Indoor Bowling</i>	Contact Centre for details.
<i>Metafit Fitness</i>	Paul on 07825 006 426
<i>Wing Tsjun Martial Arts</i>	Sanday on 07830 535 365
<i>Highland Dance Class</i>	Contact 01224 877 805
<i>Clubbercise</i>	Emma 07737 152 022
<i>Badminton</i>	Call into office at the Centre
<i>Altens Archery Club</i>	Call into office at the Centre
<i>Tanya Maitland School of Dance</i>	Tanya 01224 877 805
<i>Yoga</i>	Adriana on 07799 845 716
<i>Indoor Basketball</i>	Call into office at the Centre
<i>Love Citadel</i>	Contact 07825 547 288
<i>Awesome Paws</i>	Denise on 07860 858 262
<i>Powerhoop Boxing Fitness</i>	Book online at www.mgstudio.co.uk
<i>Deeside Bandits</i>	Contact 07730 520 109
<i>Tai Chi Academy</i>	Adrian 07715 435 379
<i>Sunday Circuit Class</i>	Call into office at the Centre

Our Big Fishies and Little Fishies Playgroup runs Mon-Fri during term time from 0920-1115. Please give us a ring on 01224 896 798 or pop in for a chat. This group takes children from 22months up to 5 years.

We have recently been successful in gaining funding from Tesco. Keep an eye on our Facebook page for updates.

Our Centre is always looking for volunteers as well as more Board members. If you'd like to get involved please get in touch.

Give us a like on Facebook and keep informed of what's going on.