

Branch Surgery

Kincorth Medical Centre
Kincorth Clinic
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Dr D. Fowler, Dr A.D. Jamieson,
Dr A.J. Henderson, Dr L.J. Mackenzie,
Dr S. Whiteside, Dr S. Govindarajan,
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Dr S.J. Wheelan & Dr S. Kumar

Main Surgery

Cove Bay Health Centre
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Cove Bay, Aberdeen
AB12 3FL
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Consultations by Appointment Only

Changes at the Practice: Dr Macfarlane is going on maternity leave in July and plans to return in July 2014. The practice would like to wish her the very best for her impending arrival. Drs Hamilton, Fraser and Williams will be helping us to cover her leave.

We are pleased to announce that Dr Linzi Lumsden is starting at the practice in September and will be with us for one year as our new Career Start Doctor. Dr Lumsden has recently completed her GP training at Rubislaw Medical Practice.

Dr Lee Barry is returning to the practice in August for 20 months. Dr Barry is a hospital Doctor who is doing his training to become a GP.

Health Care Assistants: We have two Healthcare Assistants, Heidi and Jess. The Healthcare Assistants assist the nursing team with taking blood samples, blood pressures, ECG's and other procedures in the hope that this reduces your waiting time for an appointment.

Registering Forms: New patients who wish to register with us can now complete a registration form online via our practice website at www.covebayandkincorthmedical.co.uk print it off and take into the practice or click onto this Practitioner Services link www.psd.scot.nhs.uk/doctors/registration-with-a-practice.htm complete it online, print it off and take it into the practice.

Waiting Times and Pressures: In recent weeks there has been a lot of media attention on waiting times and pressures in Accident and Emergency departments. A & E is seen as a measure of strain

within the NHS as a whole and indeed in General Practice we have been witnessing similar strain. This has recently resulted in an increase in waiting time for appointments which is something we are taking active steps to improve.

These include extra staffing including the use of Nurse Practitioners, largely for acute problems. We have now extended the provision of our Nurse Practitioner sessions to 34 hours per week. We have been very fortunate in obtaining the services of 2 very experienced Nurse Practitioners, Peter McKinnon and Janet Ede who have been working for G-Meds for a number of years now.

Undoubtedly however, with a rise in the Elderly population as well as the transfer of many aspects of care from hospital to GP settings, the NHS will need to look to work in different ways to cope with demand within a time of financial constraint. These will include closer working with Social Care and the Voluntary Sector and more efficient links also with hospital consultants. The practice will also need to look internally at different models of care and education rather than purely by consultations. Phone call and more modern I.T communication will certainly be more to the fore. These changes (which are acknowledged by Government and Health Bodies to be the way forward) will all need careful and gradual evolution. The world, including in Health Care, never stands still!