

Main Surgery

Cove Bay Health Centre
Earn's Heugh Road
Cove Bay, Aberdeen
AB12 3FL
Tel: 0345 337 1170
Fax: 01224 846857

Dr D Fowler, Dr A D Jamieson
Dr A J Henderson, Dr L J MacKenzie
Dr C Mitchell, Dr A Macfarlane,
Dr S.J. Skinner, Dr S Kumar
Dr C Harris & Dr L Bath

Consultations by Appointment Only

www.covebayandkincorthmedical.co.uk/

Branch Surgery

Kincorth Medical Centre
Provost Watt Drive,
Kincorth,
Aberdeen. AB12 5NA
Tel: 0345 337 1170
Fax: 01224 899182

Update from Cove Bay & Kincorth Medical Centre – July 2015

Change of Practice Telephone Number – 0345 337 1170

From 1st July 2015 all NHS Grampian telephone numbers starting with 0845 were changed to 0345. The cost to call 0345 numbers is the same as calling a local number. If your tariff or call package offers free or inclusive calls to landlines, numbers starting with 03 will be included in the same way.

Saturday Flu Clinics at Cove

The Practice will be running flu clinics again this year at both of our sites. If you are 65 years or over or have one of the eligible medical conditions you may be eligible for a free flu injection.

Clinics will be running at Cove on Saturday 3rd & 31st October - appointments are available to book now.

Please call the surgery any morning after 10 am to book in for your flu injection appointment if you think you are eligible.

Cove Bay Health Centre Building

Unfortunately our Cove building continues to be damaged outwith working hours. **A recent incident has been caught on our CCTV and the footage has been passed to the police.**

Contraception Services

As well as offering advice and prescriptions for the contraceptive pill, we also offer Long Acting Reversible Contraceptive Services (LARC).

We would like to highlight this in order for our patients to know that they do not have to approach the Family Planning Clinic for contraceptive options as they can be done at the practice including the Depo-Provera Injection, Contraceptive Implant or the Coil.

If you are interested in finding out more about any of these please make a routine appointment to see a GP. Please advise the receptionist what the appointment is for when booking the appointment and they will book the appointment with the appropriate GP.

If You Change Your Address

If you change your address please let the practice know so that we keep our records up to date. If you have any hospital appointments pending please also let them know your new address. If your new address is outwith our boundaries you will be advised to register with a practice that covers your new address.

Chronic Medication Service (CMS)

The Chronic Medication Service (CMS) is a community-pharmacy led service for people with long term health problems (e.g. high blood pressure) that is designed to help you

get most benefit from your medicines.

There are 2 elements to CMS:-

1. Pharmacy Care Plan – your pharmacist will prepare a ‘Care Plan’ for you to both help with any problems you may be experiencing and provide regular support or advice about your medicines.

2. Serial Prescriptions – these are long term prescriptions that remain with the pharmacy for either 24 or 48 weeks. Your GP will need to check that they are happy for you to receive a long term prescription.

It is important to note that you can only register with one pharmacy for CMS.

If you would like to find out more or register on this service, please speak to your regular community pharmacist.