



The Coffee Shop

The Coffee Shop will be open for **cooked breakfast** every Tuesday starting from the 18th of November 2014
9:30am - 12noon
All welcome!

3 Course Christmas lunch at the Centre

on the
16th December 2014
at a very affordable price!

for more details
Contact the Centre

**Limited places available.
So book now!**



Christmas Party for Kids

The Centre will be hosting a Christmas party for kids of parents with family membership (ages 22months -12yrs

20th December

For more details please contact the Centre, giving the number of children attending.



Coming up very soon in the Centre!!!

- Music lessons and Centre
- Newsletter
- Guided Meditation Relaxation Classes class starting up soon. Normal mediation classes still held every Tuesday night 7-8pm. Contact Nicola on 01224 899741.

Join Altens Community Centre

Adult £8, Concession/Child £4, Family £12

and enjoy many of the groups at reduced rates, this includes hire of the hall for Children's and Adults' parties on Saturday and Sunday afternoons and evenings, and some weekday evenings.

**Phone/Fax: (01224) 896798
e-mail: altenscc@gmail.com**