



ALTENS COMMUNITY CENTRE
Strathburn Street, Altens,
Aberdeen, AB12 3SE
Phone/Fax: (01224) 896798
e-mail: altenscc@gmail.com



The Centre is a Registered Charity and run by a Board of volunteer Trustees.

Altens Community Centre Programme

Monday

9.00 - 12.00 pm **Footstars 2-5 years**
(Contact Murray 01224 932254)

9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5 years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

1.00 - 4.00pm **Indoor Bowling**

4.00 - 5.45 pm **Footstars Afterschool
Football 5-7 years**

(Contact Murray 01224 932254)

6.00 - 6.30pm **Metafit Fitness Class**
contact Paul 07825 006426

6.30 - 8.15pm **Highland Dance Class**

6.30 - 7.30 pm **Wing Tsjung Martial
Arts (contact Sanday 07808 535365)**

Tuesday

9.20 - 11.15am **Big Fishies Playgroup**
Playgroup for kids from 2½ - 5years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

10.00 - 12 noon **Badminton**

12.00 - 1.00pm **Weight-Watchers**
(contact Irene 07967 00084)

3.45 - 4.45pm **Children's Craft/Drama**
for Primary School Age Children
(contact Derek 07949 973388)

6.30 - 8.30pm **Altens Archery Club**
(Contact the Centre)

6.00 - 9.00pm **Tanya Maitland School
of Dance (contact Tanya 01224 877805)**

6.30-7.30pm **Wing Tsjun Martial Arts**
(contact Sanday 07808 535365)

8.00-9.00pm **Yoga (Contact 07799 845716)**

Wednesday

9.20 - 11.15am **Big Fishies Playgroup**
Playgroup for kids from 2½ - 5years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

9.30 - 11.00am **Mother & Toddler Group**
1.00 - 3:00pm **Open Craft Session**

(Bring your own craft)

4.00 - 5.00pm **Indoor Basketball 7-12
years (interest being taken for 13-16 year
olds also) (contact 01224 896798)**

5.30 - 7.30pm **Love Citadel**
(Contact 07825 547288)

6.00 - 7.00pm **Cheerleaders**
(contact Fiona 01224 897034)

6.00 - 8.00pm **Awesome Paws Class**

7.00 - 8.00pm **Wing Tsjun Martial
Arts (contact Sanday 07808 535365)**

8.00 - 9.00pm **Powerhoop Boxing
Fitness Class (www.bookwhen.com/mgstudio)**

Thursday

9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5 years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years

10.30 - 11.30am **Altens Health Walk**

10.30 - 12.00pm **Beginners Family
History (Contact the Centre)**

1.00 - 3.00pm **50+ Bingo**
5.15 - 9.00pm **Tanya Maitland School of Dance** (contact Tanya 01224 877805)
6.30 - 7.30pm **Weightwatchers**
8.00-9.00pm **Yoga** (Contact 07799 845716)
7.30 - 9.30pm **Bingo** (starts at 7.45)

8.00 - 10.00pm **Altens Youth Club**
(Primary 7 and above)

Saturday

9.30 - 2.15pm **Tanya Maitland School of Dance** (contact Tanya 01224 877805)

Sunday

5.30 - 7.30pm **Love Citadel**
(Contact 07825 547288)
10.00 - 1.30pm **Tai Chi Academy**
1.30 - 4.30pm **Cheerleaders**
6.00 - 7.00pm Circuit Class
6.30 - 7.30pm **Guitar Lessons**
(contact Keith 07815 942701)

Friday

9.20 - 11.15am **Big Fishies Playgroup**
Playgroup for kids from 2½ – 5 years
9.20 - 11.15am **Little Fishies Group**
Children from 22 months – 3years
9.30 - 10.30am **Zumba Fitness**
(contact Alison 01224 878412)
3.00 - 8.00pm **Miss Forrest School of Dance**
(contact Joyce 01224 745202)

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Big and Little Fishies

Monday to Friday during term time
from 9:20am – 11:15am

If you would like your child to attend our groups, please phone **01224 896798**, or pop in for a chat with Sonia. Fishies playgroup also have a safe playground exclusively for pre-school kids. **SPACES AVAILABLE**

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Community Food Initiative North East

(CFINE) every Thursday
selling fresh fruits & vegetables
11am - 3:30pm
at the Community Centre
also the fish monger 1pm - 2pm

Hot meals
lovely home bakes and meal deals
available at the Altens Coffee Shop
weekdays 9.00 - 5.30pm

The Basketball Group meets every
Wednesday 4-5pm under the tutelage of a
qualified coach.
Free snack and drinks available during
each session.

Have a Great Festive Season!!

Join Altens Community Centre
Adult £8, Concession/Child £4, Family £12
and enjoy many of the groups at reduced rates, this includes hire of the hall
for Children's and Adults' parties on
Saturday and Sunday afternoons and evenings, and some weekday evenings.

Meeting/Training Room available for hire
(Fully refurbished and equipped with state of the art interactive
smartboard/projector system)