



ALTENS COMMUNITY CENTRE
Strathburn Street, Altens,
Aberdeen, AB12 3SE
Phone/Fax: (01224) 896798
e-mail: altenscc@gmail.com

Welcome to Altens Community Centre!

The Centre is run by a volunteer Management Committee!



**ALTENS COMMUNITY
CENTRE
PRESENTS

TAI CHI
FOR ABSOLUTE BEGINNERS**

Thursday 1.30pm - 2.30pm
Here is your chance to start at the
very beginning!

Contact Brian Allan 248745

***We'd value your
feedback!***

What type of kids' groups would you
like to see being run at
the Centre?

Do you have any ideas or suggestions?

Do you have
experience or expertise
that you could bring to
the Community Centre?

(01224 896798)

Line Dancing

***2 Free taster sessions
for first timers!***

**Come along on a
Monday night to the
"Back to Basics" Class
*Starting 13th February***

Monday
Back to Basics 6.00 -7.00pm
Advanced 7.00 - 8.00pm

***Join Altens Community Centre
Adult £8, Concession/Child £4,
Family £12
and enjoy many of the
groups at reduced rates,
including hire of the hall for
Children's and Adults' parties.***

New
Drama Group
for Primary age Children
starting on a Tuesday afternoon
between 4.00 and 5.00pm
Please phone the Centre 896798
for more details

Altens Community Centre Programme

Badminton

Tuesday 10.00 - 12 noon

50+ Bingo

Thursday 1.00 - 3.00pm

Bingo

Thursday 7.30 - 9.30pm

Bonnyfit Keep Fit classes

Monday 9.30 - 10.30am

Wednesday 9.30 - 10.30am

Cheerleaders

Wednesday 6.00 - 7.00pm

Drama Group

for Primary School Age Children

Tuesday 4 - 5pm

Family & Local History

Tuesday Evenings – 7.30pm - 9.30 pm

Run by Margaret Vieira

Fishies 2'S Group

Children from 22 months – 3years

Monday, Tuesday, Wednesday and Friday

Mornings from 9.20 - 11.15am

Guitar Lessons

Sundays from 6.30 - 8.45pm

Hip-Hop for boys 4-8year olds

Thursday 4.45 - 6.00pm

Indoor Bowling

Mondays 1 - 4pm

Keep Fit

Tuesday - Lunchtime Adult Keep Fit

40+ age group especially welcome

12.30 - 1.30pm

Line Dancing

Monday – Back to Basics 6.00 -7.00pm

Monday – Advanced 7.00 - 8.00pm

Miss Forest School of Dance

Fridays from 3.00 - 8.00pm

Pebbles Playgroup

Monday - Friday 9.10 - 11.40am

Playgroup for kids from 2.5 years – 5

Rising 5's

Monday and Wednesdays 12.50 - 2.50pm

Fun play sessions for pre-school kids

Rhythm Kids®

Starts October 2011

Mondays 1.15 - 2.45pm

Scottish Slimmers

Thursday Evening 7.00 - 8.30pm

Tanya Maitland School of Dance

Tuesday – 5.30 - 9.00pm

Thursday – 6.00 - 9.00pm

Saturday – 9.30 - 3.15pm

Taxi School

Monday & Wednesday 7.00 - 9.00pm

Tai Chi

Thursday 1.30 - 2.30pm

Tuesday Club

Open to all members of the community
for social company (in conjunction with
Alzheimer Scotland)

Tuesday 2.00 - 4.00pm

Weight-Watchers

Tuesday 12.00 - 1.00pm

Zumba Fitness

Fridays from 9.45 - 10.45am