



Don't Fry and Die Campaign



“Never cook whilst under the influence of alcohol or drugs!”
(Prescription or otherwise)

This is the message that Grampian Fire and Rescue Service (GFRS) is promoting with this year's Don't Fry and Die campaign.

August 2011 saw the launch of GFRS's hard-hitting Don't Fry and Die campaign, centred on preventable fires in the home, the service aims to drive down the frightening statistics.

Statistics show that 63% of Grampian's accidental house fires are cooking related and nearly all of these are preventable. The main causes include forgetfulness, distraction, misuse of appliances and the influence of alcohol or drugs.

It's when alcohol or drugs are a factor that it gets really concerning. A lot of people have

smoke alarms and that's extremely important, but if you fall asleep under the influence the chance of the smoke alarm waking you up is greatly reduced.

This isn't about telling people not to have fun, it's about making sure people take responsibility for their own safety. Whether that's grabbing a take-away on the way home from a night out, or preparing something that doesn't need to be put in the oven, on the hob or under the grill when you get home, it's better to plan ahead. In recent years in Grampian, six people have died and over 500 have been injured in kitchen fires caused by pans or grills being left unattended.

If you do not have a smoke alarms or are concerned about fire safety in the home, then please contact Grampian Fire and Rescue Service to arrange a free Home Fire Safety Visit.

Have a safe and happy christmas and New Year from all at Grampian Fire and Rescue Service

<http://www.grampianfrs.org.uk/subdreamer/index.php?categoryid=138>

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