

Branch Surgery

Kincorth Medical Centre
Kincorth Clinic
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Dr D. Fowler, Dr A.D. Jamieson,
Dr A.J. Henderson, Dr L.J. Mackenzie,
Dr S. Whiteside, Dr S. Govindarajan,
Dr A. Macfarlane, Dr C. Mitchell,
Dr S.J. Wheelan & Dr S. Kumar

Main Surgery

Cove Bay Health Centre
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Cove Bay, Aberdeen
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Changes at the Practice: Dr Senthil Govindarajan is leaving the Practice on 14th February 2014 in order to take up a new post in Australia - we would like to wish him and his family all the best for their future.

Lyn McDonald, our Practice Pharmacist, taken up a new post at ARI. Lyn helped us run our Epilepsy & Blood Pressure clinics as well as undertaking other prescribing projects. Pharmacist Claire Douglas is replacing Lyn and starts with us soon.

Sheri, one of our Kincorth receptionists, has also decided to move on and taken up a post at Cornhill Hospital. Shanna Yeats has recently joined the reception team at Cove.

We are delighted that our Nurse Practitioner Janet Ede has increased her working hours with us at the Practice.

Dr Linzi Lumsden has now completed her Coil training and holds clinics at Kincorth.

Public Holidays 2014: The Practice will be closed on the following Public Holidays:

Monday 21st April 2014

Monday 5th May 2014

Monday 7th July 2014

Monday 22nd September 2014

Thursday 25th & Friday 26th December 2014

If you require urgent medical care during these times you should still call the practice telephone number (0845 337 1170) and your call will be transferred through to NHS24 or you can telephone NHS24 direct on 08454 24 24 24.

Bowel Screening: A key aim of the Scottish Government, which we share, is to improve survival rates from cancer. One of the most

significant factors in this is early detection. Many will have seen adverts supporting early detection of lung and breast cancer fronted by Sir Alex Ferguson and Elaine C Smith. If cancer can be detected at as early a stage as possible then treatment is generally more successful and tolerable. Ideally for some cancers it is best to identify these before they cause any symptoms hence breast and cervical screening have been undertaken for many years.

A more recent cancer screening programme has been for bowel cancer. Everyone between the age of 50 and 74 is sent a bowel screening kit every two years. Uptake of this screening programme nationally however has to date been a bit disappointing. This is unfortunate as bowel cancer, one of the most common types of cancer, is readily curable for most if found at an early stage. If you have lost your kit or for any other questions please phone 0800 0121 833.

Please therefore, do not ignore the brown envelope from Dundee when it comes in. If you have loved ones, friends, acquaintances or folk you look out for in this age group please also prompt them to return their kit. Blokes, this is much easier than what ladies put up with from smears and mammograms! Don't throw these out or leave them in the drawer to be done sometime. Lives will be saved if more of these kits are returned ... yours might just be one of them.

For further information on bowel cancer and screening please visit

www.bowelscreening.scot.nhs.uk