



ALTENS COMMUNITY CENTRE

Strathburn Street, Altens,
Aberdeen, AB12 3SE

Phone/Fax: (01224) 896798

e-mail: altenscc@gmail.com

The Centre is a Registered Charity and run by a Board of volunteer Trustees.

Altens Community Centre Programme

Monday

9.00 - 12.00 pm **Footstars 2-5 years**
(Contact Murray 01224 932254)

9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ – 5 years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months – 3years

1.00 - 4.00pm **Indoor Bowling**

4.00 -5.00 pm **Footstars Afterschool
Football 5-7 years**

(Contact Murray 01224 932254)

6.00 - 6.30pm **Metafit Fitness Class**
contact Scott 07837 568607 for Bookings
www.facebook.com/scottlawriergroupex

6.30 - 9.00pm **Highland Dance Class**

8.00 - 9.00 pm **Clubbercise Exercise**

Tuesday

9.20 - 11.15am **Big Fishies Playgroup**
Playgroup for kids from 2½ – 5years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months – 3years

10.00 - 12 noon **Badminton**

12.00 - 1.00pm **Weight-Watchers**
(contact Irene 07967 00084)

2.00 - 4.00pm **Tuesday Club**
Social Group open to all

3.45 - 4.45pm **Children's Craft/Drama**
for Primary School Age Children
(contact Derek 07949 973388)

6.00 - 9.00pm **Tanya Maitland School
of Dance** (contact Tanya 01224 877805)

6.30 -7.30pm **Wing Tsjun Martial Arts**
(contact Sanday 07808 535365)

Wednesday

9.20 - 11.15am **Big Fishies Playgroup**
Playgroup for kids from 2½ – 5years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months – 3years

9.30 - 11.00am **Mother & Toddler Group**

2.00 - 4.00pm **Family History (Upstairs)**

2.00 - 3.00 pm **Fancy a Dance?**
(Main Hall) Just drop in.

4.00 - 5.00pm **Indoor Basketball 7-12
years (interest being taken for 13-16 year
olds also)** (contact 01224 896798)

6.00 - 7.00pm **Cheerleaders**
(contact Fiona 01224 897034)

7.00 - 8.00pm **Wing Tsjun Martial
Arts** (contact Sanday 07808 535365)

8.00 - 9.00pm **Boxing Fitness Class**
(enquiries: www.bookwhen.com/mgstudio)

Thursday

9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ – 5 years

9.20 - 11.15am **Little Fishies Group**
Children from 22 months – 3years

10.30 - 11.30am **Altens Health Walk**

1.00 - 3.00pm **50+ Bingo**

5.30 - 9.00pm **Tanya Maitland School
of Dance** (contact Tanya 01224 877805)

7.30 - 9.30pm **Bingo**

6.00 - 8.00pm **Weightwatchers**

Friday

9.20 - 11.15am **Big Fishies Playgroup**

Playgroup for kids from 2½ – 5 years

9.20 - 11.15am **Little Fishies Group**

Children from 22 months – 3years

9.30 - 10.30am **Zumba Fitness**

(contact Alison 01224 878412)

1.30 - 3.00 pm **Cove Seniors 1st Friday
of the month**

(contact Frances Penny 01224 890118)

3.00 - 8.30pm **Miss Forrest School of
Dance**

(contact Joyce 01224 745202)

8.00 - 10.00pm **Altens Youth Club**

(Primary 7 and above)

Saturday

9.30 - 2.15pm **Tanya Maitland School
of Dance**

(contact Tanya 01224 877805)

Sunday

10.00 - 1.30pm **Tai Chi Academy**

1.30 - 4.30pm **Cheerleaders**

6.30 - 7.30pm **Guitar Lessons**

(contact Keith 07815 942701)

Altens Community Centre
Phone/Fax: (01224) 896798
e-mail: altenscc@gmail.com

British Heart Foundation

Annual Wear it, Beat it event

Friday 5th February, 2016

12 noon - 3pm

fundraising for the British Heart
Foundation.

All proceeds from the homebake/
tea&coffee from the coffee shop during
this time goes to the **British Heart**

Foundation

Coming

International Cultural Day

Saturday, 16th of April

Big and Little Fishies

Monday to Friday

during term time

from 9:20am – 11:15am

SPACES AVAILABLE

If you would like your child to attend
our groups, please phone **01224
896798**, or pop in for a chat with Sonia,
when you can have a look around our
playrooms and pick up an application
form. Fishies playgroup also have a
safe playground exclusively for
pre-school kids.

Join Altens Community Centre

Adult £8, Concession/Child £4, Family £12

and enjoy many of the groups at reduced rates, this includes hire of the hall

for Children's and Adults' parties on

Saturday and Sunday afternoons and evenings, and some weekday evenings.

Meeting/Training Room available for hire

**(Fully refurbished and equipped with state of the art interactive
smartboard/projector system)**