



ALTENS COMMUNITY CENTRE

Strathburn Street, Altens,

Aberdeen, AB12 3SE

Phone/Fax: (01224) 896798

e-mail: altenscc@gmail.com

The Centre is a Registered Charity and run by a Board of volunteer Trustees.

Altens Community Centre Programme

Monday

- 9.00 - 12.00 pm **Footstars 2-5 years**
(Contact Murray 01224 932254)
- 9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5 years
- 9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years
- 1.00 - 4.00pm **Indoor Bowling**
- 4.00 - 5.45 pm **Footstars Afterschool**
Football 5-7 years
(Contact Murray 01224 932254)
- 6.00 - 6.30pm **Metafit Fitness Class**
contact Paul 07825 006426
- 6.00 - 7.00pm **Lego Club**
- 6.30 - 8.15pm **Highland Dance Class**
(contact Tanya 01224 877805)
- 6.30 - 7.30 pm **Wing Tsjung Martial Arts**
(contact Sanday 07808 535365)
- 8.00 - 9.00pm **Clubercise Exercise Class**

Tuesday

- 9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5years
- 9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years
- 10.00 - 12 noon **Badminton**
- 6.30 - 8.30pm **Altens Archery Club**
(Contact the Centre)
- 6.00 - 9.00pm **Tanya Maitland School of Dance**
(contact Tanya 01224 877805)
- 6.30-7.30pm **Wing Tsjun Martial Arts**
- 8.00-9.00pm **Yoga** (Contact 07799 845716)

Wednesday

- 9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5years
- 9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years
- 9.30 - 11.00am **Mother & Toddler Group**
- 1.00 - 3:00pm **Open Craft Session**
(Bring your own craft)
- 4.00 - 5.00pm **Indoor Basketball 7-12 years (names taken for 13-16 year olds)**
(contact 01224 896798)
- 5.30 - 7.30pm **Love Citadel**
(Contact 07825 547288)
- 6.00 - 7.00pm **Cheerleaders**
(contact Fiona 01224 897034)
- 6.00 - 8.00pm **Awesome Paws Class**
(contact Denise 07860 858262)
- 7.00 - 8.00pm **Wing Tsjun Martial Arts**
(contact Sanday 07808 535365)
- 8.00 - 9.00pm **Powerhoop Boxing Fitness Class** (www.bookwhen.com/mgstudio)
- 9.00 - 10.00pm **Dodgeball Session**
(contact 07730 520109)

Thursday

- 9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ - 5 years
- 9.20 - 11.15am **Little Fishies Group**
Children from 22 months - 3years
- 10.30 - 11.30am **Altens Health Walk**
- 1.00 - 3.00pm **50+ Bingo**

5.30 - 9.00pm **Tanya Maitland School of Dance** (contact Tanya 01224 877805)
7.30 - 9.30 pm **Bingo** (starts 7.45 pm)
8.00 - 9.00pm **Yoga** (Contact 07799 845716)

Friday

9.20 - 11.15am **Big Fishies Playgroup**
for kids from 2½ – 5 years
9.20 - 11.15am **Little Fishies Group**
Children from 22 months – 3years
9.30 - 10.30am **Zumba Fitness**
(contact Alison 01224 878412)
3.30 - 8.00pm **Miss Forrest School of Dance** (contact Joyce 01224 745202)
8.00 - 10.00pm **Altens Youth Club**
(Primary 7 and above)

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Big and Little Fishies

Monday to Friday during term time
from 9:20am – 11:15am

If you would like your child to attend our groups, please phone 01224 896798, or pop in for a chat. Fishies playgroup also have a safe playground exclusively for pre-school kids. SPACES AVAILABLE

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Hot meals

lovely home bakes and meal deals
available at the Altens Coffee Shop
weekdays 9.00 - 5.30pm

Saturday

9.30 - 2.15pm **Tanya Maitland School of Dance** (contact Tanya 01224 877805)

Sunday

10.30 - 1.00pm **Love Citadel**
(Contact 07825 547288)
10.00 - 1.30pm **Tai Chi Academy**
1.30 - 4.30pm **Cheerleaders**
7.00 - 8.00pm **Circuit Class**
6.30 - 7.30pm **Guitar Lessons**
(contact Keith 07815 942701)

Altens Community Centre

*would like to thank Balmoral Group,
Maersk UK, Cove Bay Hotel and
everyone who helped to make our
Christmas fayre and events a success
through their kind donations*

Community Food Initiative North East

(CFINE) every Thursday
selling fresh fruits & vegetables
11am - 3:30pm
at the Community Centre
also the fish monger 1pm - 2pm

Join Altens Community Centre

*Adult £8, Concession/Child £4, Family £12
and enjoy many of the groups at reduced rates, this includes hire of the hall
for Children's and Adults' parties on
Saturday and Sunday afternoons and evenings, and some weekday evenings.*

Meeting/Training Room available for hire
(Fully refurbished and equipped with state of the art interactive smartboard/projector system)