



ALTENS COMMUNITY CENTRE  
Strathburn Street, Altens,  
Aberdeen, AB12 3SE  
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## *Welcome to Altens Community Centre*

*The Centre is run by a volunteer Management Committee!*

### ANNUAL GENERAL MEETING

Wednesday, 27th June at 7pm

This meeting is open to the public.

ALTENS COMMUNITY  
CENTRE  
PRESENTS



TAI CHI  
FOR ABSOLUTE BEGINNERS

*Thursday 1.30pm - 2.30pm*

Here is your chance to start at the  
very beginning!

Contact Brian Allan 248745

### *We'd value your feedback!*

What type of kids' groups would you  
like to see being run at  
the Centre?

Do you have any ideas or suggestions?

Do you have  
experience or expertise  
that you could bring to  
the Community Centre?

(01224 896798)

*Join Altens Community Centre  
Adult £8, Concession/Child £4,  
Family £12*

*and enjoy many of the  
groups at reduced rates,  
including hire of the hall for  
Children's and Adults' parties.*

# Altens Community Centre Programme

## **Badminton**

Tuesday 10.00 - 12 noon

## **50+ Bingo**

Thursday 1.00 - 3.00pm

## **Bingo**

Thursday 7.30 - 9.30pm

## **Bonnyfit Keep Fit classes**

Wednesday 9.30 - 10.30am

## **Cheerleaders**

Wednesday 6.00 - 7.00pm

## **Craft and Drama Group**

for Primary School Age Children

Tuesday 4 - 5pm

## **Family & Local History**

Tuesday Evenings – 7.30pm - 9.30 pm

Run by Margaret Vieira

## **Fishies 2'S Group**

Children from 22 months – 3years

Monday, Tuesday, Wednesday and Friday

Mornings from 9.20 - 11.15am

## **Guitar Lessons**

Sundays from 6.30 - 8.45pm

## **Hip-Hop for boys 4-8year olds**

Thursday 5.00 - 5.30pm

## **Indoor Bowling**

Mondays 1 - 4pm

## **Keep Fit**

Tuesday - Lunchtime Adult Keep Fit

40+ age group especially welcome

12.30 - 1.30pm

## **Line Dancing**

Monday – Back to Basics 6.00 -7.00pm

Monday – Advanced 7.00 - 8.00pm

## **Miss Forest School of Dance**

Fridays from 3.00 - 8.00pm

## **Pebbles Playgroup**

Monday - Friday 9.10 - 11.40am

Playgroup for kids from 2.5 years – 5

## **Rising 5's**

Monday and Wednesdays 12.50 - 2.50pm

Fun play sessions for pre-school kids

## **Scottish Slimmers**

Thursday Evening 7.00 - 8.30pm

## **Tanya Maitland School of Dance**

Tuesday – 5.30 - 9.00pm

Thursday – 6.00 - 9.00pm

Saturday – 9.30 - 3.15pm

## **Taxi School**

Monday & Wednesday 7.00 - 9.00pm

## **Tai Chi**

Thursday 1.30 - 2.30pm

## **Tuesday Club**

Open to all members of the community  
for social company.

Tuesday 2.00 - 4.00pm

## **Weight-Watchers**

Tuesday 12.00 - 1.00pm

## **Zumba Fitness**

Fridays from 9.45 - 10.45am

Now fortnightly starting from 8th June