

Branch Surgery

Kincorth Medical Centre
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Main Surgery

Cove Bay Health Centre
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Consultations by Appointment Only

Update from Cove Bay & Kincorth Medical Centre – May 2012

Cove Gala – 9th June 2012

A team from the practice will be hosting a stand at the Cove gala this year to highlight what services are available from the practice. Information leaflets, change of details forms and registration forms will be available at the stall so please come along to speak to a member of the team.

Pulmonary Rehabilitation

Patients with chronic lung diseases such as Chronic Obstructive Pulmonary Disease (Emphysema) or Pulmonary Fibrosis can now benefit from improved access to Pulmonary Rehabilitation. This is an 8 week programme of interventions including education and exercise run in small groups at a few sites across the City. The nearest site for Cove residents is Torry Sports Centre but attendance at other sites is possible if more convenient.

Pulmonary Rehabilitation is of proven benefit in chronic lung disease - improving quality of life and reducing hospital admissions. It previously has only been available (after a long wait) via Chest Specialists but increased availability means that now referrals from GP's and Practice Nurses are welcomed.

It is suitable for most people with chronic lung diseases. Unfortunately transport is not available.

If you are interested in finding out more or being referred please either contact your GP or Practice Nurse or discuss it with them at your next review.

Queens Diamond Jubilee – Public Holiday

The practice will be closed on Tuesday 5th June 2012.

Extended Hours - Monday & Thursday - 7am to 8am

The practice is pleased to advise that appointments are now available with members of our nursing team on a Monday & Thursday morning from 7am to 8am. If you would like an appointment during these times please contact reception.