



Local lad Dean Sutherland (15) has taken the kickboxing world by storm again after returning from the ISKA World Kickboxing Championships as DOUBLE WORLD CHAMPION.

Dean, who is often seen out running in Cove, flew to Lloret de Mar, Spain with the SCOTLAND KICKBOXING SQUAD, to participate in this major event which saw in excess of 33 countries competing.

He fought off stiff competition over 4 days to win 2 Gold medals in the under 17 years <59kg divisions of both light continuous & full contact sparring.

This topped off a fantastic couple of months for Dean who has also won numerous GOLD medals at National kickboxing competitions all over the UK plus won the ISKA 5 Nations title belt following a unanimous 5 round war down in Dundee last month against the Number 1 IRISH Champion.

(STILL NAE BAD FUR A WEE LOON FAE COVE)

Big thanks once again to everyone for all the good wishes and support.