

Loirston Community Centre

We hope you received a copy of our programme for 2010-2011 and have found the information helpful. Most of the classes are now up and running but if there is something you are interested in attending please do not hesitate to contact the Community Office.

The children are all settling back into the **Rising 2's** and **Rising 5's** and enjoying their sessions with exciting crafts, storytime and games. Both groups have limited places available. Rising 2's places are allocated on reaching 22 months. The Rising 5's runs 3 afternoons a week catering for children age 3 years and over. Application forms available from the Community Office or from the group at Loirston Annexe.

Our **Mum and New Baby Group** is well attended on a Tuesday afternoon. This group has been formed by new mums who wanted to keep up their new formed friendships from their time at their ante-natal classes. Anyone wishing to form their own groups are welcome to get in touch with the Community Office to discuss rooms and times available.

Tai Chi meets at the Annexe on Wednesday evenings 7.00pm – 9.00pm. This class helps relieve stress levels, improve posture and flexibility – a feel good factor for all.

The **Youth Clubs** have welcomed their new Primary 6's on a Sunday evening and saw many familiar faces returning for the Primary 7 club on a Thursday at Loirston Primary School. At Loirston Annexe S1 upwards can meet for a game of pool, table tennis etc. on Tuesdays and Thursdays at 7.30pm – 9.30pm.

Badminton – Computer Classes – Dancing – Friendship Group – Gardening Group - Loirston Artists – Loirston Bowlers – Mainly Music – Parent & Toddlers – Rising 2's – Rising 5's – Tai Chi – Youth Clubs.

For information on any of our groups or any ideas you may have for any new groups please contact the Community Office, tel. 878482.

Janice Lafferty

Claire McDonald

Principal Community Learning Worker

Senior Support Assistant