

## **People in Cove can be a community champion by helping ChildLine be there for children and young people.**

A vital helpline is asking people in Cove to be a community **champion** and help children in need of help and advice.

The ChildLine service in Scotland needs more volunteer counsellors at its Aberdeen base.

The ChildLine base has already answered thousands of calls and online contacts from youngsters in need of help and advice.

Young people can contact the service by phone but they can also access help through the ChildLine website where they can have a 1-2-1 chat with a counsellor, send an email to ChildLine, post messages on the message boards and get lots of advice and information on any issue.

Elaine Chalmers, Head of ChildLine in Scotland, said *“We urgently need people in the Cove community to become volunteer counsellors and counsel children and young people in need of advice and support.”*

*“The great thing is anyone can volunteer- you just need to respect and value children and have a commitment to help. You don’t need any experience of counselling or working with children as we will provide full training.”*

She added *“With more volunteers we can be there for more children whether they choose to contact us online or on the phone. Volunteers are at the heart of what we do and by joining us you can help make a difference to the lives of children and young people.”*

To find out more about becoming a ChildLine volunteer counsellor please Contact Kerri Stewart, ChildLine Aberdeen volunteer coordinator  
**0844 892 0200** (in Aberdeen).

Alternatively email [volunteering@childline.org.uk](mailto:volunteering@childline.org.uk)  
or visit [www.nspcc.org.uk](http://www.nspcc.org.uk)