



UNIVERSITY  
OF ABERDEEN

## Participants needed for research

### Women aged 18-50 years

Do you experience **premenstrual symptoms** before your period?

Have you had regular periods in the past year?

### We would like to hear from you!

#### This study involves:



Taking part in a group discussion with other women



Filling in a questionnaire and telling us what you think about it

#### To take part or find out more contact:

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If you know anyone who might be interested in taking part, please pass this information onto them. Thank you!